

You are taking a course called the Pearson BTEC in Health and Social Care
You can achieve a level 1 or a level 2 qualification (equivalent to 1 GCSE)

You must complete 4 units of work, one of which is an externally marked exam taken at the end of year 11

Autumn term year 10: unit 2 'Health and Social Care Values'

- Explore the care values that underpin current practice in health and social care
- Investigate ways of empowering individuals who use health and social care services

Spring term year 10: unit 5 'Promoting Health and Wellbeing'

- Explore the purpose, types and benefits of health promotion
- Investigate how health risks can be addressed through health promotion

Summer term year 10: complete unit 5 and start unit 6

Autumn term year 11: unit 6 'The Impact of Nutrition on Health and Wellbeing'

- Explore the effects of balanced and unbalanced diets on health and wellbeing of individuals
- Understand the specific nutritional needs and preferences of individuals

Spring term year 11: unit 1 'Human Lifespan Development' (exam unit)

- Explore human growth and development across life stages
- Investigate factors that affect human growth and development and how they are interrelated

Summer term year 11 – external exam (worth ¼ of the marks awarded)

Calendared events:

Work experience week beginning 13th March

Mock exams week beginning 14th November, 6th February

End of year exams week beginning 2nd May, 10th July

If you are involved in other events that you are aware of which will mean that you miss one or more lessons please let us know in advance. Please be responsible for catching up work, as it is your qualification.

Unit 2: Health and Social Care Values

Date	Topic	Homework
September 16th	Confidentiality	Find an example of confidential information
September 19th	Dignity	Find examples of terms that would be offensive to particular individuals or groups of people (due 30 th)
September 26th	Respect for the individual- discrimination, judgement and the responsibilities of carers	
September 30th	Respect part 2 – how to address individuals, respect for beliefs and use of inclusive language	Find an example of a code of practice for a health or social care setting of your choice (due 10 th October)
October 3rd	Safeguarding – keeping individuals safe, negligence	
October 10th	Duty of care –codes of practice, professional practice	Find an example of a care plan for a service user of your choice (due 17 th October)
October 14th	Person-centered approaches to care	
October 17th	Writing a care plan	Assessment
October 21st	Start of first assessment	Assessment
Half term break	Write first assessment	Assessment (due October 31 st)
October 31st	Adapting activities to meet needs	
November 4th	Adapting environments to meet needs	Find out about one person's preferences and circumstances (due 14 th November)
November 7th	Taking account of individuals rights, preferences and circumstances	
November 14th	Problems encountered when taking account of rights, needs and preferences	
November 18th	Working with others	Find out about Makaton and give an example of how and when it would be used (due November 28 th)
November 21st	Controlled assessment	

November 28th	Controlled assessment	Find examples to use to explain how care values are used
December 2nd	Controlled assessment	
December 5th	Promoting autonomy and building trust	Find an example of a risk assessment used in a care setting (due December 12 th)
December 12th	Use of positive working practices	Assessment research
December 16th	How different age groups need to be treated in different ways when giving care	Assessment research
Christmas holidays		Assessment research

Useful websites for homework tasks:

<http://slideplayer.com/slide/4571682/>

<http://www.hse.gov.uk/healthservices/sensible-risk-assessment-care-settings.htm>

<https://www.makaton.org/aboutMakaton/>

<http://www.seap.org.uk/im-looking-for-help-or-support/what-is-advocacy.html>

<http://www.buttercups-nursery.co.uk/pages/team/conduct>

<http://www.nhs.uk/Conditions/social-care-and-support-guide/Pages/care-plans.aspx>

<https://www.scribd.com/doc/20414828/Nursing-Care-Plan-of-the-Mother>