



## **NCS Summer programme**

NCS is a once in a lifetime opportunity open to all 16 and 17 year olds in the country. It takes place outside of term time in the summer holidays over 4 weeks. NCS is a part-residential experience focused around fun and discovery, with 30 hours committed to a local community project. Students work with teams of twelve to fifteen, meeting new people from different backgrounds.

If your son or daughter takes part, they will be building skills for work and life, taking on exciting challenges, making new friends, and contributing to their community. Due to government funding, they will pay no more than £50 to take part, with bursaries available if this cost is too high.

NCS is something that is recognised by employers and UCAS as a way to develop leadership, teamwork and communication skills and it's a great use of part of the summer holidays.

### *The Programme:*

**Week 1:** Your son or daughter will stay away from their local area in North Cornwall and take on outward bound challenges, participating in activities such as abseiling, rafting and hiking in their teams – with the focus on developing confidence and team building.

**Week 2:** Your son or daughter spends the week away again, but this time closer to home, BF Adventure, building independence (for example cooking for themselves or budgeting), developing new skills and finding out more about the needs of their local community.

**Weeks 3-4:** Your son or daughter is back at home but continues to work in their team to give something back to their community by planning and delivering a 30 hour social action project.

**Graduation:** You and your son or daughter will be invited to a graduation ceremony to celebrate their achievements and receive a certificate signed by the Prime Minister.

### **Start Dates:**

- Wave 1 – 3<sup>rd</sup> July 2017
- Wave 2 – 31<sup>st</sup> July 2017

We are excited to offer this incredible opportunity to your son/ daughter and would love to see them joining us for NCS in the summer. If you have any questions about NCS, please contact us by email [ncs@bfadventure.org](mailto:ncs@bfadventure.org) or phone 01326 340912 or see the NCS website [www.ncsyes.co.uk](http://www.ncsyes.co.uk)

Yours faithfully

NCS Team at BF Adventure