

Clubs & Activities

PENRYN COLLEGE 2018

SPRING TERM



PENRYN
COLLEGE



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...find out
more inside!

Achieving through challenge.



Study Support

At Penryn College we believe that classroom based learning is just one part of the education process. In striving to develop the potential of individuals to the full we believe we have much more to offer.

We want to offer a Study Support programme that provides fundamental academic support. A programme that can extend opportunities, broaden experiences and enrich the lives of our young people to enable them to become fully immersed in their learning before, during and after the school day.

In order to meet this vision we have worked hard to provide a programme of activities that we feel provide students with a chance to enrich their experience at Penryn, while also continuing to pursue work encountered within the normal school timetable.

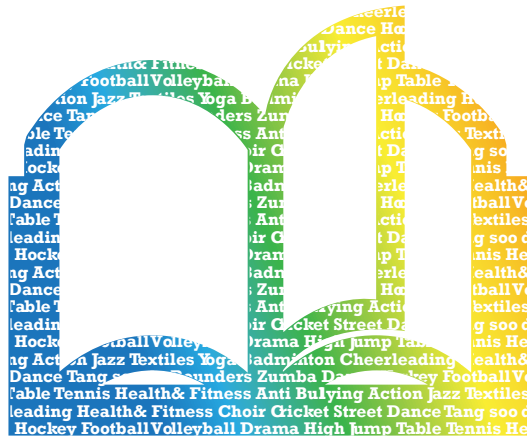
It is our aim to provide a broad and well-rounded programme that prepares pupils not only for academic success but also to live life to the full as a confident and independent member of the school community.

We will provide a termly booklet that lists all the activities that are available. We hope that as students it excites you and gives you the best opportunity to learn and expand your boundaries while part of both Penryn College and our special community. The booklet can also be accessed online via the College website - www.penryn-college.cornwall.sch.uk

Finally, please enquire about the extension of this programme in the form of our Schools Open Saturday and Holiday Activity programmes. All of these support the activities in this booklet and strengthen the links created with our extensive primary pathways.



**ENGLISH
MATHS
SCIENCE
HUMANITIES
LANGUAGES
ICT
TECHNOLOGY**



English

Club	Year	Day	Time	Venue	Staff	Offer
English Computer Club	All	Mon-Fri	1.15-1.45	ICT3	Mrs Ward	C
Kernow Youth Book Award	7-9	Wed	Tutor	Library	See Mrs Bastian	C
Creative Writing	All	Monthly	NA	Online	See Miss Sullivan for Showbie Code	C
Premier League Reading Stars	7/8 (Invite)	Wed	1.15-1.45	PE1	Mr Ash	C
Support Team	All	Tue	3.25-4.15	IA4	Mrs Phillips	C
Homework Club	All	Mon, Tue, Thur, Fri	3.30-4.15	Library	Mrs Kaack	C



Maths

Club	Year	Day	Time	Venue	Staff	Offer
Maths Leaders	All	Mon	1.15-1.45	M2	Mr Penhaligon	C
Maths Games Club	All	Thur	1.15-1.45	M2	Maths Leaders	C
MORALE Club	10-11	Mon-Fri	1.15-1.30	M1	Dept	C
Homework Club	All	Mon, Tue, Thur, Fri	3.30-4.15	Library	Mrs Kaack	C



Science

Club	Year	Day	Time	Venue	Staff	Offer
Science Leaders	7-10	Wed	1.15-1.45	DT3	Dept	C
STEM	Invite	Wed	3.45-4.45	DT3	See Ms Edgell for more info	C
Homework Club	All	Mon, Tue, Thur, Fri	3.30-4.15	Library	Mrs Kaack	C



Geography Leaders club on Monday's is a chance to help qualify for a chance to be a Leader on the Year 7 Isles of Scilly trip in the Summer term.

Languages



Club	Year	Day	Time	Venue	Staff	Offer
Fifteen Minutes of Fantastic French on a Friday	11	Fri	1.30-1.45	Foundation - L3 Higher - L4	Mr Ribenfors Mr Reading	C
Homework Club	All	Mon, Tue, Thur, Fri	3.30-4.15	Library	Mrs Kaack	C

Humanities

Club	Year	Day	Time	Venue	Staff	Offer
Geography Leaders	7-9	Mon	1.15-1.45	H3	Ms Lambert	C
SMSC Leaders	All	Wed	1.15-1.45	H4	Mr Parekh	C
History Leaders	7-9	Wed	1.15-1.45	H6	Miss Chapman	C
GCSE History Support	10/11	Thur	1.15-1.45	H7	Mrs Burke and Miss Champman	C
Homework Club	All	Mon, Tue, Thur, Fri	3.30-4.15	Library	Mrs Kaack	C

The Hub

A club for those that wish to complete homework and have a quiet place to eat lunch. The hub is run by Mrs Cooke.

Mon/Thur/Fri: DT7

Tue/Wed: H5



Technology

Club	Year	Day	Time	Venue	Staff	Offer
Jewellery Club	8-10	Tue	3.45-4.45	DT1	Mrs Rouffiniac	C
Homework Club	All	Mon, Tue, Thur, Fri	3.30-4.15	Library	Mrs Kaack	C



ICT

Club	Year	Day	Time	Venue	Staff	Offer
Girls Computer Club	All	Tue	1.15-1.45	IT2	Mr Yule	C
Coding Club	All	Thur	1.15-1.45	IT2	Mr Yule	C

Youth Drop In

Everyone welcome...

Come along and check out what's on offer. Games, activities and the chance to chat to a Youth Worker.

Tues, 1.15-1.45 in CPD Room (Library)





CREATIVE ARTS & MUSIC

SSD - Saracens Street Dance

As part of our popular Schools Open Saturday programme, we now host Street Dance Sessions.

For more info see Mr Lugg in the PE Office.



Instrumental Lessons

Do you play an instrument? If so, you may be entitled to free music lessons.

Speak to Mrs Childs in CA2.

Music

Creative Arts

Class	Year	Day	Time	Venue	Staff	Offer
Contemporary Dance	All	Mon	3.45-4.45	CA1	Miss Austin	C
Art GCSE Support	11	Mon	3.30-5.00	A1	Mrs Orford & Mr Marshall	C
Art GCSE Support	10/11	Tue	3.30-5.00	A1	Mrs Orford	C
Arts Leaders	All	Tue	3.30-5.00	A2	Mr Marshall	C
HFC Showcase	Invite	Tue	3.30-5.30	CA5	Mrs Williams	C
Drama - Performance For Film	7-9	Wed	3.30-4.30	CA4	Miss Mitchell	C
Dance Production	All	Wed	3.30-4.30	CA1	Mrs Williams	C
Carrick Dance	10/11	Wed	4.30-5.30	CA1	Mrs Williams	C
Street Dance	All	Thur	3.30-5.00	CA1	Ms Green	A
Year 9 Dance Club	9	Fri	1.20-1.50	CA1	Mrs Williams	C

Class	Year	Day	Time	Venue	Staff	Offer
Flute Group	All	Mon	8.35-9.05	CA2	Mrs Childs	C
Brass Ensemble	Invite	Mon	1.15-1.45	CA2	Mr Greaves	C
GCSE Music Support	10/11	Mon	1.15-1.45	CA3	Mrs Childs/ Mrs Harries	C
Jazz Band	All	Mon	3.45-4.45	CA2	Mr Greaves	C
String Ensemble	All	Tue	8.35-9.05	CA2	TBC	C
College Choir	All	Tue	8.35-9.05	CA2	Mrs Childs	C
Flute Ensemble	All	Tue	1.15-1.45	CA3	Mrs Childs	C
Grade 5 Theory	All	Tue	1.15-1.45	CA2	Mrs Harries	C
Elite Choir	Invite	Wed	8.35-9.05	CA2	Mrs Childs	C
Saracens Male Voice Choir	All	Thur	8.35-9.05	CA2	Mrs Harries	C
Samba Band	All	Thur	8.35-9.05	CA2	SB	C
Guitar Ensemble	All	Thur	1.15-1.45	CA3	JT	C
Y7 Boys Choir	7	Fri	8.35-9.05	CA3	Mrs Harries	C
Octet	Invite	Fri	1.15-1.45	CA2	SB	C
Penryn College Rocks	Invite	Fri	1.15-1.45	CA3	Mr Barry	C





OUTDOOR ED & LEADERSHIP

Outdoor

Class	Year	Day	Time	Venue	Staff	Offer
Climbing Club	All	Thur	3.45-4.45	Climbing Wall	Mr Reade	C
D of E	9-11	Thur	1.15-1.45	S3	Mr Ede, Mr Reade & Mr Cheetham	C
Archery Club (after Feb HT)	All	Fri	3.45-4.45	Fields	Mr Reade	C
Ten Tors Training	Team	Fri	1.14-1.45	S3	Mr Reade	C

Leadership - Boost Your CVs

There is a wide range of opportunities for students to contribute to the wellbeing and development of the school and wider community. We want to offer pupils the chance to develop their leadership skills in a variety of ways.

Our 'Boost Your CVs Scheme' is aimed to encourage pupils to participate in Leadership activity by completing the Credit Volunteering Scheme - which equates to 35 logged hours of Leadership. In doing so, pupils will become recognised Penryn College Leaders and be eligible to purchase a Leadership branded jumper.

As recognised Leaders, pupils will be invited to attend and assist at various activities and events throughout the year.

Class	Year	Day	Time	Venue	Staff	Offer
Sports Leaders	Invite	Mon	3.45-4.45	PE1	See Mr Lugg	C
Maths Leaders	All	Mon	1.15-1.45	M2	Mr Penhaligon	C
Geography Leaders	7-9	Mon	1.15-1.45	H3	Ms Lambert	C
Arts Leaders	All	Tue	3.30-5.00	A2	Mr Marshall	C
SMSC Leaders	All	Wed	1.15-1.45	H4	Mr Parekh	C
History Leaders	7-9	Wed	1.15-1.45	H6	Miss Chapman	C
Science Leaders	7-10	Wed	1.15-1.45	DT3	Dept	C
D of E	9-11	Thur	1.15-1.45	S3	Mr Ede, Mr Reade & Mr Cheetham	C
Interact - Enterprise Leaders	All	See Miss Bastian	3.30-4.30	Library	Miss Bastian & Mrs Burley	C





PE & SPORT

Fixtures/Events

Football

Squads	Day	Versus	Venue	Competition
Girls Y7	TBC	Mounts Bay	Away	National Cup Rd.2
Y11	TBC	Mounts Bay	Away	County Cup Semi Final
7-10	Tue 9th & 16th Jan	N/A	STP	Squad Trials
Dev/Perf	Thur 18th Jan	Falmouth	Home	SSP League
Dev/Perf	Thur 25th Jan	Helston	Home	SSP League
U13/U15 Academy	Wed 31st Jan	Mounts Bay	Home	Academy Friendly
Dev/Perf	Thurs 1st Feb	Penair	Away	SSP League
Dev/Perf	Thurs 8th Feb	Camborne	Home	SSP League
Dev/Perf	Tue 20th & Thurs 22nd Feb	R. Lander	Home/Away	SSP League
Perf	Tue 27th Feb	Penrice	Away	Friendly
Dev/Perf	Thur 1st Mar	Redruth	Away	SSP League
U13/U15 Academy	Wed 7th Mar	Millfield	Away	Academy Friendly
Dev	Thur 8th Mar	Pool	Home	SSP League
Dev	Thur 15th Mar	Mullion	Away	SSP League
Dev/Perf	Wed 21st & Thur 22nd Mar	Truro	Home/Away	SSP League
Y7-Y10 Perf Boys	TBC	TBC	TBC	County Cup
U12/U14/ U16 Girls	TBC	TBC	TBC	County Cup
U13/U15 Academy	TBC	Torquay Boys Grammar School	Away	Academy Friendly



Fixtures/Events

Hockey

Year	Day	Versus	Venue	Competition
10/11	Thur 11th Jan	Mullion	Home	SSP League
10/11	Thur 25th Jan	R. Lander	Home	SSP League
U13	Tue 30th Jan	Various	Penair/Truro	County Tournament
10/11	Thur 8th Feb	Truro High	Away	SSP League
7/8/9	Thur 22nd Feb	Mullion	Home	SSP League
7/8/9	Thur 1st Mar	Helston	Home	SSP League
7/8/9	Thur 8th Mar	Truro High	Away	SSP League
U12	Thur 8th Mar	Various	Penair/Truro	County Tournament
7/8/9	Thur 15th Mar	Penair	Home	SSP League
U15	Wed 21st Mar	R. Lander	TBC	U15 KO Final
All	TBC	TBC	TBC	Playoffs

Other

Event	Day	Versus	Venue	Competition
Basketball	Wed 17th Jan	Various	Penryn College	U14 Peninsula Festival
Cross Country	Sat 20th Jan	Various	Newquay Sports Centre	County Schools Champs
Table Tennis	Sun 21st Jan	Various	Eggbuckland School	Regional Zone Qualifiers
Basketball	Wed 24th Jan	Various	Penryn College	U16 Peninsula Festival
Basketball	Wed 21st Feb	Various	Penryn College	Y7 Peninsula Festival
Basketball	Wed 21st Mar	Various	Penryn College	U15 School Games Qualifier
Netball	TBC	TBC	TBC	Y8 B Team Festival

Lunchtime Sport

We have worked extremely hard to provide a lunchtime provision to engage our pupils across a variety of sports.

These sessions will be led by PE teachers and will allow fun, recreational activity to take place on a daily basis. These sessions will allow our growing band of Sports Leaders to eventually run and co-ordinate inter and intra house competitions throughout the year.

	STP	SPORTS HALL	ACT/FIT SUITE	HOCKEY ASTRO	TISA
MON	Y9-11 FOOTBALL	PRIMARY LESSONS	PRIMARY LESSONS	YEAR 7/8 FOOTBALL	PRIMARY LESSONS
TUE	Y9-11 FOOTBALL	ALL YEARS VOLLEYBALL	ALL YEARS STRENGTH & CONDITIONING	YEAR 7/8 FOOTBALL	
WED	Y9-11 FOOTBALL	KS4 BASKETBALL		YEAR 7/8 FOOTBALL	INVITE HANDBALL
THUR	Y9-11 FOOTBALL	KS3 BASKETBALL & NETBALL		YEAR 7/8 FOOTBALL	
FRI	Y9-11 FOOTBALL	ALL YEARS BADMINTON		YEAR 7/8 FOOTBALL	

After School Sport

Basketball

Year	Day	Time	Venue	Staff	Class
9-11	Tue	3.45-4.45	Sports Hall	Mr Holmes	C
7/8	Wed	3.45-4.45	Sports Hall	Mr Holmes	C

Badminton

Year	Day	Time	Venue	Staff	Class
All	Mon	3.45-4.45	Sports Hall	Mr Sillifant & Mrs Frucella	C
Invite - Advanced Coaching	Mon	5.00-6.30	Sports Hall	Mr Sillifant	A

Cheerleading

Year	Day	Time	Venue	Staff	Class
All	Fri	3.45-4.45	Activity Suite	Miss Mercer	A





Running Club

Year	Day	Time	Venue	Staff	Class
All	Mon & Wed	3.45-4.45	Fields	Mr Collins	C

Strength & Conditioning/Fitness

Year	Day	Time	Venue	Staff	Class
Football Academy Sessions (Invite)	Tue	3.45-4.45	Fitness Suite	Mr Reade	C
All	Wed & Fri	7.30-8.30	Fitness Suite	Mr Reade	C
All	Tue	1.15-1.45	Fitness Suite	Mr Reade	C
Girls Fitness (Until Feb HT)	Thur	3.45-4.45	Fitness Suite	Mrs Walker	C
Girls Fitness (After Feb HT)	Thur Week B	3.45-4.45	Fitness Suite	Mrs Frucella	C
Girls Active (All Years)	Fri	3.45-4.45	Fitness Suite	Miss Marsh	C

Table Tennis

Year	Day	Time	Venue	Staff	Class
All	Fri	3.45-5.00	Sports Hall	Mr Williams	C

Trampolining

Year	Day	Time	Venue	Staff	Class
Invite Only	Tue	5.00-6.00	Activity Suite	Ms Marsh	A

Start Dates for Sport?

Most clubs start week commencing Jan 7th. Check start dates with the PE Office for any club you want to take part in.





Penryn College Sports Expectations

Our members of staff are very experienced and therefore regularly advise students to wear the correct pieces of equipment as advised by individual National Game Boards. We have noted that some pupils might ignore this advice and we would welcome your support in reinforcing the kit advice listed below with your son/daughter.

If a child forgets to bring their Gum shield and/or Shin pads and they are concerned about the safety implications then they should talk to the member of staff responsible for that session. It may be possible to borrow some Shin pads and the school does keep temporary Gum shields which can be moulded quickly in an emergency.

As Penryn College players we will:

- Ensure we have ticked our names on the team sheet and taken note of depart **and** return details
 - Always catch up on any work missed through fixtures in lesson times
- Wear the correct kit for both training sessions and fixtures. This is the players responsibility.
 - For Football:** Shin Pads **MUST BE WORN AT ALL TIMES**
 - For Rugby:** Gum shields are **OPTIONAL**
 - For Hockey:** Gum shields are **OPTIONAL** / Shin Pads **MUST BE WORN AT ALL TIMES**
- Exhibit positive and sportsmanlike behaviour at all times, to our own team mates and officials
 - Inform our coach if we have ANY pre-existing, or new, injury that may affect us
 - Recognise and thank our opponents and officials after every match
 - Never use inappropriate language, whether directed at ourselves, another player or the referee
 - Behave with dignity and pride in all circumstances, win, lose or draw
- Always attend training and inform our coach should we **not be available**

Clubs & Activities

Call: 01326 372379

Visit: www.penryn-college.cornwall.sch.uk

Email: jash@penryn-college.cornwall.sch.uk



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