

Clubs & Activities

PENRYN COLLEGE 2020

SPRING TERM



PENRYN
COLLEGE



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...find out
more inside!

Achieving through challenge.



Study Support

At Penryn College we believe that classroom based learning is just one part of the education process. In striving to develop the potential of individuals to the full we believe we have much more to offer.

We want to offer a Study Support programme that provides fundamental academic support. A programme that can extend opportunities, broaden experiences and enrich the lives of our young people to enable them to become fully immersed in their learning before, during and after the school day.

In order to meet this vision we have worked hard to provide a programme of activities that we feel provide students with a chance to enrich their experience at Penryn, while also continuing to pursue work encountered within the normal school timetable.

It is our aim to provide a broad and well-rounded programme that prepares pupils not only for academic success but also to live life to the full as a confident and independent member of the school community.

We will provide a termly booklet that lists all the activities that are available. We hope that as students it excites you and gives you the best opportunity to learn and expand your boundaries while part of both Penryn College and our special community. The booklet can also be accessed online via the College website - www.penryn-college.cornwall.sch.uk

Finally, please enquire about the extension of this programme in the form of our Schools Open Saturday and Holiday Activity programmes. All of these support the activities in this booklet and strengthen the links created with our extensive primary pathways.

Core Advanced Extra



How much does it cost?

At Penryn College we do everything we can to offer our Study Support Programme using the resources we have in school to enable us to deliver to the students at no cost. These are considered our **Core (C)** offering.

However, this isn't always possible and sometimes we have to pay external or expert deliverers who enable us to provide high quality, tailored sessions. These activities are considered our **Advanced (A)** offering and will cost each student a nominal £2 per session. *We intend to enable parents to pay via ParentPay in the near future.*

Finally is our **Extra (E)** offering, which includes any activities that take place off site or are delivered by external companies. The cost for these will depend on the activity and students will be informed of these on registering their interest.

Each activity in the booklet has been assigned to one of the categories above. These can be seen under the 'Offer' section of each listing.

Please Note: No child will be penalised on the basis of genuine financial hardship. Please contact Mr Ash if you wish to make a confidential application for financial assistance.

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How do I take part?

Check out the table to make sure the club is intended for you, then simply attend on the day listed, at the venue suggested. Some clubs are invite only - if you would like to take part in these, speak to the teacher in charge.

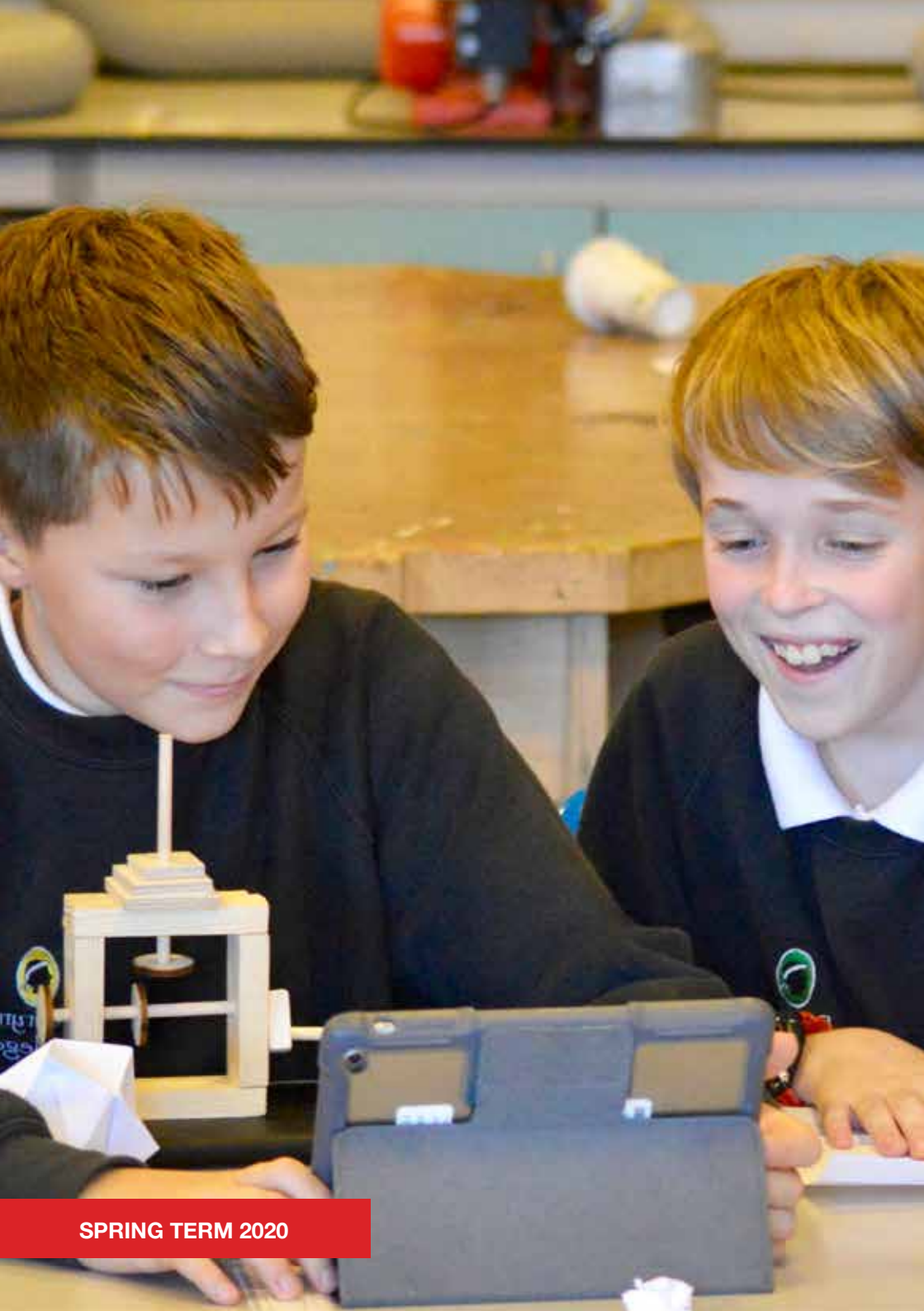
Be organised!

We encourage our students to take part in as many, and as varied, activities as possible. Try and plan a weekly diary of activities you would like to take part in and make sure you organise how you will get back home when each one finishes.

My favourite activity isn't in here?

If there is something you would like to try that isn't listed in this booklet, then please come and see Mr Ash in the PE office to have a chat about setting something up.





**ENGLISH
MATHS
STEAM
LANGUAGES
LIFESTYLE
HUMANITIES
D OF E**



English

Club	Year	Day	Time	Venue	Staff	Offer
English Computer Club	All	Mon-Fri	1.15-1.45	SC1	Mrs Ward	C
Support Team	All	Tue	3.25-4.25	See Mrs Phillips	Mrs Phillips	C
Warhammer Club	All	Thur	1.15-1.45	E6	Mr Herring	C
School Magazine	All	Thur	1.15-1.45	CA4	Miss Mitchell	C
School Magazine	All	Thur Week A	3.30-4.15	CA4	Miss Mitchell	C
Dungeons & Dragons	All	See Mr Herring	See Mr Herring	E5	Mr Herring	C
Creative Writing	All	Monthly	N/A	Online	See Miss Sullivan for Showbie Code	C

Maths

Club	Year	Day	Time	Venue	Staff	Offer
Maths Leaders	All	Thur	1.30-1.45	M8	Mr Penhaligon	C
MORALE Club	10-11	Mon-Fri	1.30-1.45	M1	Dept	C



STEAM

Club	Year	Day	Time	Venue	Staff	Offer
Gardening Club	All	Mon	3.30-4.30	Meet S8	Mrs Alsop	C
Girls Computer Club	All	Tue	1.15-1.45	ST3	Mr Yule	C
Y7 Science Club	7	Wed	3.30-4.15	S7	Miss Innes	C
STEAM Club	8-10	Wed	3.30-4.30	ST4	Mr Childs & Mrs Alsop	C
Coding Club	All	Thur	1.15-1.45	ST3	Mr Yule	C
Creative Design Club	7-9	Thur	3.30-4.30	ST4	Miss Curtis	C
STEAM Lunchtime Club	All	Tue & Thur	1.15-1.45	ST1	Dept	C
Coding Club	All	Fri	3.30-5.00	ST3	Mr Weeks	C

The Hub

A club for those that wish to complete homework and have a quiet place to eat lunch. The Hub is run by Mrs Cooke.

Every day in the Childrens Centre





Languages

Club	Year	Day	Time	Venue	Staff	Offer
Aspiring 9's	11	Wed	3.30-4.15	L1/L4	Mr Reading Mr Ribernfors	C
JCB	Y11 Boys	Thur	1.30-1.45	L3	Mr Ribenfors	C
Fifteen Minutes of Fantastic French on a Friday	11	Fri	1.30-1.45	Foundation - L1 Higher - L4	Mr Ribenfors Mr Reading	C

Lifestyle

Club	Year	Day	Time	Venue	Staff	Offer
Gardening Club	All	Mon	3.30-4.30	Meet S8	Mrs Alsop	C
Healthy Lifestyle	Invite	Mon (after Feb HT)	3.40-4.40	Fitness Suite	Mr Gillo	C
Food Club	8-10	Tue	3.30-5.00	DT5	Mrs Knowles	A
All Move	Invite Only	Tue	3.40-4.40	Fitness Suite	Mr Gillo	C
Food Club	7	Thur	3.30-5.00	DT5	Mrs Knowles	A

Duke Of Edinburgh

Club	Year	Day	Time	Venue	Staff	Offer
D of E	9-11	Mon	1.15-1.45	S3	Mr Ede	C

Youth Drop In

Everyone welcome...
Come along and check out what's on offer. Games, activities and the chance to chat to a Youth Worker.
Tues: 1.15-1.45 in CPD Room (Library)



Humanities

Club	Year	Day	Time	Venue	Staff	Offer
SMSC Leaders	All	Mon	1.15-1.45	H4	Mr Parekh	C
Environmental Club	All	Tue	1.15-1.45	TIA6	Mrs Kaack	C
GCSE History Support	10/11	Tue	3.30-4.30	H6	Miss Chapman	C
Geography Leaders	7-9	Wed	1.15-1.45	H3	Miss Hale	C
History Leaders	7-9	Wed	1.15-1.45	H6	Miss Chapman	C



ART CREATIVE ARTS MUSIC



SPRING TERM 2020



Art

Class	Year	Day	Time	Venue	Staff	Offer
GCSE Catch Up	Y11	Mon	3.30-5.00	A1	Mr Marshall	C
KS3 Art Club	7-9	Mon	3.30-5.00	A1	Mr Marshall	C
Fashion Illustrator	8&9 (See Mrs Aonso)	Tue	3.30-5.00	A3	Mrs Aonso	C
GCSE Art Support	All	Wed	3.30-5.00	A1	Dept	C



Creative Arts

Class	Year	Day	Time	Venue	Staff	Offer
Dance Club	All	Mon	3.30-4.30	CA1	Mrs Sadler	C
Drama Club (starts 21st Jan)	All	Tue	3.30-4.30	CA5	Miss Mitchell	C
Year 9 Dance Club	9	Wed	8.40-9.05	CA1	Miss Nowell	C
Elite Dance Academy	Invite	Wed	3.30-4.30	CA1	Miss Nowell	C
Little Shop Of Horrors	All Cast	Thur	3.30-5.00	CA5	Dept	C
Street Dance	All	Thur	3.30-4.45	CA1	Miss Green	A
Junior Dance Academy	Invite	Fri	3.30-4.30	CA1	Mrs Sadler	C

Club Start Dates

For ALL clubs, please check with the member of staff in charge as to what date the club will start as this may vary.



Music

Class	Year	Day	Time	Venue	Staff	Offer
Belgium Tour Choir	Invite	Mon	8.35-9.05	CA3	Mrs Childs	C
Brass Ensemble	Invite	Mon	1.15-1.45	CA2	Mr Greaves	C
Jazz Band	All	Mon	3.30-4.30	CA2	Mr Greaves	C
Belgium Tour Choir	Invite	Mon	3.30-4.30	CA3	Mrs Childs	C
College Choir	All	Tue	8.35-9.05	CA2	Mrs Childs	C
Penryn Orchestra	Invite	Tue	8.35-9.05	CA3	Miss Allen	C
Book A Practice Room	All	Tue	1.10-1.45	MP?	Mrs Childs	C
Little Shop of Horror Singers	Invite	Tue	1.10-1.45	CA2	Mrs Childs	C
Saracens Male Voice Choir	All	Wed	8.35-9.05	CA2	Mrs Childs/ Mrs Harries	C
Grade 5 Theory	All	Wed	1.15-1.45	CA3	Mrs Harries	C
DJ Club	All	Wed	3.30-4.30	MP6	Miss Allen	C
Elite Choir	Invite (9-11)	Thur	8.35-9.05	CA2	Mrs Childs	C
Little Shop of Horror Band	Invite	Thur	8.35-9.05	CA3	Miss Allen	C
Little Shop of Horror Singers	Invite	Thur	1.15-1.45	CA2	Mrs Childs	C
Year 7 Boys Choir	Y7	Fri	8.35-9.05	CA2	Mrs Childs	C
Bold As Brass	Invite	Fri	8.35-9.05	CA3	Miss Allen	C
Funk Band	Invite	Fri	1.15-1.45	CA2	Mrs Barry	C
Book A Practice Room	All	Fri	1.10-1.45	MP?	Mrs Childs	C
Octet	Invite	Fri	1.15-1.45	CA3	Mrs Childs	C

Instrumental Lessons

Do you play an instrument? If so, you may be entitled to free music lessons.

Speak to Mrs Childs in CA2.

OUTDOOR ED

Penryn
College

Achieving through Challenge

Outdoor Ed

Class	Year	Day	Time	Venue	Staff	Offer
Climbing Club	All	Mon	3.30-5.30	Granite Planet (meet at Sports Hall changing rooms)	Mr Ede	A
Watersports	All	Tue	3.45-6.15	See Sign Up Sheet	See Ms. Edgell	A
Ten Tors Training	Team	See Ms. Edgell	Tutor	Sci Break Out	See Ms. Edgell	C
D of E	9-11	Mon	1.15-1.45	S3	Mr Ede	C



PE SPORT

Fixtures/Events

Football

Squads	Day	Versus	Venue	Competition
7-10	Thur 9th & Tue 14th Jan	N/A	STP/Fields	Squad Trials
7-10	Thur 16th Jan	Falmouth	Home	SSP League
7-10	Thur 23rd Jan	Helston	Home	SSP League
U13/U15 Academy	Wed 29th Jan	St Luke's (Exeter)	Away	Academy Friendly
7-11	Thur 30th Jan	Penair	Home	SSP League
7-11	Thur 6th Feb	Camborne	Home	SSP League
7-11	Tue 11th & Thur 13th Feb	R. Lander	Home/Away	SSP League
U13/U15 Academy	Thur 20th Feb	Southampton FC	Home	Academy Friendly
U13/U15 Academy	Wed 26th Feb	Penrice	Away	Academy Friendly
7-11	Thur 27th Feb	Redruth	Away	SSP League
7-11	Thur 5th Mar	Pool	Home	SSP League
U13/U15 Academy	Wed 11th Mar	Millfield	Away	Academy Friendly
7-11	Thur 12th Mar	Mullion	Away	SSP League
7-11	Wed 18th & Thur 19th Mar	Truro School	Home/Away	SSP League
Y7-Y10 Boys	TBC	TBC	TBC	County Cup
U12/U14/ U16 Girls	TBC	TBC	TBC	County Cup
U15 Girls	TBC	Kings College	Away	National Cup Last 16

Fixtures/Events

Hockey

Year	Day	Versus	Venue	Competition
10/11	Thur 9th Jan	Truro High	Away	SSP League
10/11	Thur 16th Jan	Truro School	Home	SSP League
8	Fri 17th Jan	Various	Penair	Y8 Hockey Festival
10/11	Thur 23rd Jan	Penair	Home	SSP League
10/11	Thur 30th Jan	R. Lander	Away	SSP League
10/11	Thur 13th Feb	Various	TBC	B Team Festival
7-9	Thur 27th Feb	Truro High	Away	SSP League
Mixed	Wed 4th Mar	Various	TBC	School Games Mixed Hockey
7-9	Thur 5th Mar	Truro School	Home	SSP League
7-9	Thur 12th Mar	Penair	Home	SSP League
7-9	Thur 19th Mar	R. Lander	Away	SSP League

Other

Event	Day	Versus	Venue	Competition
Y11 Rugby	Wed 8th Jan	Ivybridge	Away	Friendly
Y10 Rugby	Thur 9th Jan	Truro	Home	National Plate Rd.4
C. Country	Sat 18th Jan	Various	Newquay	County Schools Champs
Badminton	Tue 4th Feb	Various	Truro School	County Team Finals
Multi Sports	Tue 11th Feb	Various	TBC	KS4 Multi Sport Festival
Rugby	Sun 8th Mar	Various	Kings College Taunton	West of England 7s
Rugby	TBC	TBC	TBC	Y11 County Cup Final
Basketball	TBC	Various	Penryn College	U12/U14/U16 Peninsula Festivals
Netball	Various	Various	Various	County Tournaments



Athletics (Indoor)

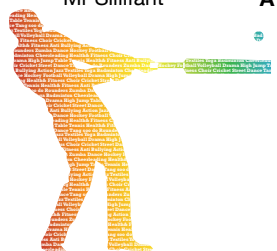
Year	Day	Time	Venue	Staff	Class
All	Wed (after Feb HT)	3.40-4.40	Sports Hall	Miss Hankins	C

Basketball

Year	Day	Time	Venue	Staff	Class
7/8	Tue	3.40-4.40	Sports Hall	Mr Holmes	C
9-11	Wed	3.40-4.40	Sports Hall	Mr Holmes	C
Girls	Thur	3.40-4.40	Sports Hall	Mr Holmes	C

Badminton

Year	Day	Time	Venue	Staff	Class
All	Mon	3.40-4.40	Sports Hall	Mr Sillifant	C
Invite - Advanced Coaching	Mon	5.00-6.30	Sports Hall	Mr Sillifant	A



Cricket

Year	Day	Time	Venue	Staff	Class
All	Fri	3.40-4.40	Sports Hall	Mr Tucker	C

Start Dates for Sport?

Check start dates with the PE Office for any club you want to take part in.



Football

We have refined our football delivery to allow all pupils access to different levels of schools football fixtures. The first two weeks of training (Thursday 9th & Tuesday 14th January) will take the form of trials to help identify players for the different Year group competitions.

We will also be selecting U13 & U15 'Academy' squads who will be taking part in special showcase fixtures against the top sports schools in the SW.

Year	Day	Time	Venue	Staff	Class
Girls Y7-9	Mon	3.40-4.40	STP	Miss Lane	C
7-10	Tue	3.45-4.45	STP	Dept	C
11	Tue	4.50-5.35	STP	Mr Ash	C
U13 & U15 Academy Squads	Wed	3.45-5.00	STP	Mr Ash & Mr Barnes	C
Girls 10/11	Fri	3.45-4.45	STP	Miss Lane	C
Academy S&C	Fri	3.40-4.30	Fitness Suite	Mr Barnes	C

Hockey

Year	Day	Time	Venue	Staff	Class
10/11	Mon	3.40-4.40	Astro	Miss Jefferies	C
7-9	Tue	3.40-4.40	Astro	Dept	C

Netball

Year	Day	Time	Venue	Staff	Class
9-11	Tue (until Feb HT)	3.40-4.40	TISA	Dept	C
7/8	Fri	3.40-4.40	TISA	Dept	C

Running Club

Year	Day	Time	Venue	Staff	Class
All	Wed	3.40-4.40	Fields	Mr Collins & Miss Hankins	C



Strength & Conditioning/Fitness

Year	Day	Time	Venue	Staff	Class
Y11 Rugby Gym Prep	Mon	7.30-8.15	Fitness Suite	Mr Tucker	C
Girls Active (All Years)	Mon	3.40-4.40	Fitness Suite	Miss Hankins	C
Healthy Lifestyle	Mon (after Feb HT)	3.40-4.40	Fitness Suite	Mr Gillo	C
All Move	Tue	3.40-4.40	Fitness Suite	Mr Gillo	C
Open Gym	Wed	3.40-4.40	Fitness Suite	Dept	C
Football Academy S&C	Fri	3.40-4.30	Fitness Suite	Mr Barnes	C



Tennis

Year	Day	Time	Venue	Staff	Class
All	Thur (after Feb HT)	3.40-4.30	TISA	Mrs Frucella	C

Table Tennis

Year	Day	Time	Venue	Staff	Class
All	Fri	3.40-5.00	Sports Hall	Mr Williams	C

Tang Soo Do

Year	Day	Time	Venue	Staff	Class
All	Thur	6.30-8.00	Activity Studio	ISK	*

* run by ISK Martial Arts (not a school club) - please contact them for more details

Trampoline

Year	Day	Time	Venue	Staff	Class
Invite Only (see Miss Marsh to register)	Wed	3.40-5.00	Activity Suite	Miss Marsh	C





Penryn College Sports Expectations

Our members of staff are very experienced and therefore regularly advise students to wear the correct pieces of equipment as advised by individual NGB's. We have noted that some pupils might ignore this advice and we would welcome your support in reinforcing the kit advice listed below with your son/daughter.

If a child forgets to bring their gum shield and/or shin pads and they are concerned about the safety implications then they should talk to the member of staff responsible for that session. It may be possible to borrow some shin pads and the school does keep temporary gum shields which can be moulded quickly in an emergency.

As Penryn College players we will:

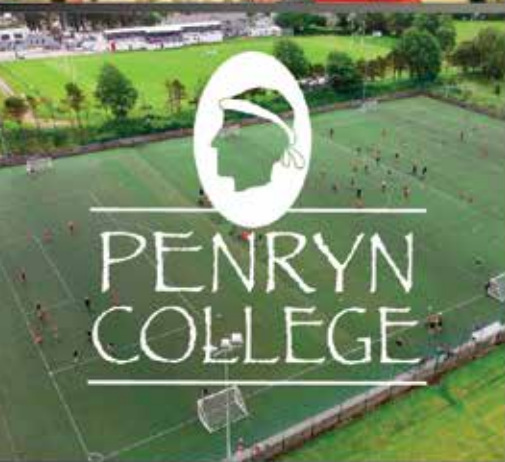
- Ensure we have ticked our names on the team sheet and taken note of depart **and** return details
 - Always catch up on any work missed through fixtures in lesson times
- Wear the correct kit for both training sessions and fixtures. This is the players responsibility.
 - For Football:** Shin Pads **MUST BE WORN AT ALL TIMES**
 - For Rugby:** Gum shields are **OPTIONAL**
 - For Hockey:** Gum shields are **OPTIONAL** / Shin Pads **MUST BE WORN AT ALL TIMES**
- Exhibit positive and sportsmanlike behaviour at all times, to our own team mates and officials
 - Inform our coach if we have **ANY** pre-existing, or new, injury that may affect us
 - Recognise and thank our opponents and officials after every match
 - Never use inappropriate language, whether directed at ourselves, another player or the referee
 - Behave with dignity and pride in all circumstances, win, lose or draw
- Always attend training and inform our coach should we **not be available**

Clubs & Activities

Call: 01326 372379

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