

ENRICHMENT

AUTUMN 2026



Penryn College
Belong | Aspire | Succeed

ENRICHMENT | ASPIRE | STUDENT LEADERSHIP



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ENRICHMENT AT PENRYN

At Penryn College, we believe that education extends far beyond the classroom. The knowledge, skills and experiences developed during the school day are an important part of learning, but we also want every pupil to discover new interests, develop their talents, challenge themselves and make a difference.

Our wider programme is built around three complementary areas:

ENRICHMENT

A chance to explore interests, develop new skills, build friendships and make the most of life beyond the classroom. Our programme spans sport, music, performing arts, creative subjects, outdoor education, STEAM, academic support, clubs and societies, and much more.

ASPIRE

A focus on scholarship, academic challenge and super-curricular learning beyond the classroom.

ASPIRE encourages pupils to think deeply, explore ideas independently, develop intellectual curiosity and broaden their horizons as they prepare for future pathways.

STUDENT LEADERSHIP

A chance to develop student voice, leadership skills and make a positive impact on the community. Whether supporting younger pupils, leading in sport or becoming a prefect, joining a Student Leadership Group, becoming an Anti-Bullying Ambassador or representing young people through Penryn Town Youth Council or Cornwall Youth Council, there are many ways to get involved and help shape our community.

Together, these three strands help every pupil build confidence, discover what they are capable of and make a positive contribution to Penryn and beyond.

Our aim is to provide a broad, varied and inclusive programme that helps pupils become confident, capable and well-rounded young people.

Please also explore our Saturday Activities and Edventure Holiday Programme. These extend the provision outlined in this booklet, complement the wider programme and strengthen the links we have developed through our extensive primary school pathways.



visit www.myedventure.co.uk to find out more

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PE & LIFESTYLE



MONDAY

CLUB	YEAR	TIME	VENUE	STAFF
Badminton	Year 7	3.25–4.30	Sports Hall	Mr Heard & Mr Holland
GCSE PE Revision	Years 10/11	3.25–4.30	PE1	Mr Shepherd, Miss Lushington & Miss Lane
OCR Get Ahead	Years 10/11	3.25–4.30	PE1	Mr Bidgood

TUESDAY

CLUB	YEAR	TIME	VENUE	STAFF
GCSE PE Badminton	Years 10/11	8.00–8.30	PE1	GCSE PE Staff
Netball	Years 9–11	3.25–4.30	TISA	Miss Lushington & Mrs Roberts
Girls Hockey	Years 7/8	3.25–4.30	Hockey Astro	Miss Smith & Miss Lane
Y7 Rugby	Years 7–10	3.25–4.30	STP / Fields	Mr Heard & Mr Bowers
Y8 Rugby	Years 7–10	3.25–4.30	STP / Fields	Mr Nancarrow
Y9 Rugby	Years 7–10	3.25–4.30	STP / Fields	Mr Shepherd
Y10 Rugby	Years 7–10	3.25–4.30	STP / Fields	Mr Bidgood
Basketball	Year 10/11	3.25–4.30	Sports Hall	Mr Holmes

WEDNESDAY

CLUB	YEAR	TIME	VENUE	STAFF
Netball Primary League	Primaries	3.45–5.00	TISA	Miss Smith
Girls Performance Fitness	All Years	7.45–8.15	Fitness Suite	Girls PE Dept
Girls Rugby	All Years	3.25–4.30	STP / Fields	Miss Stone
Cross Country	All Years	3.25–4.30	Fields	Mr Nancarrow
Girls Active	All Years	3.25–4.30	Fitness Suite	Miss Lane
Basketball	Years 7–9	3.25–4.30	Sports Hall	Mr Heard, Mr Holmes & Mr Bidgood

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PE & LIFESTYLE



THURSDAY

CLUB	YEAR	TIME	VENUE	STAFF
FIXTURES PLEASE CHECK THE PE NOTICEBOARD FOR THE TEAMSHEETS				

FRIDAY

CLUB	YEAR	TIME	VENUE	STAFF
Boys Active	All Years	8.00-8.30	Fitness Suite	Mr Nancarrow
Netball	Years 7/8	3.25-4.30	TISA	Miss Lushington, Mrs Roberts & Miss Lane
Mixed Hockey	Years 9-11	3.25-4.30	Hockey Astro	Mr Shepherd & Miss Smith
Pickleball	All Years	3.25-4.30	Sports Hall	Mr Heard
National Cup Football Training	Invite	3.25-4.30	STP	Mr Ash & Mr Bidgood

OUTDOOR/ADVENTURE



CLUB	YEAR	DAY	TIME	VENUE	STAFF
Rowing (Starts after Oct HT)	All Years	Monday	3.15-4.15	Fitness Suite	Mr Jane & Mrs Coote
Y10 Ten Tors (sign up by 17/09)	Year 10	Thursday	Lunch	H5	E-mail Miss Edgell to sign up - nedgell@penryn-college.cornwall.sch.uk
Y11 Ten Tors (sign up by 17/09)	Year 11	Thursday	Lunch	H5	E-mail Miss Edgell to sign up - nedgell@penryn-college.cornwall.sch.uk
Bronze - Duke of Edinburgh	Year 9	More information from Mr. Penhaligon will follow in assemblies during the week beginning October 19th.			
Silver - Duke of Edinburgh	Year 10	More information from Mr. Penhaligon will follow in assemblies during the week beginning October 19th.			

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ENGLISH



CLUB	YEAR	DAY	TIME	VENUE	STAFF
Poetry Club	Years 7-9	Monday	3.15–4.15	E2	Mrs Robertson
Creative Writing Club	All Years	Tuesday - Starts Tues 15/09	3.10–4.00	E4	Mrs Male
Shakespeare Lab <i>Shakespeare on its feet!</i>	KS3	Wednesday	3.30-4.15	E4	Mrs Herring
Culture Club <i>Exploring current affairs through discussion and debate</i>	All Years	Thursday	3.15-4.15	E1	Mrs Manclark

MATHS



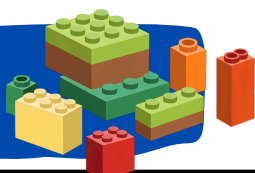
CLUB	YEAR	DAY	TIME	VENUE	STAFF
Puzzle Club	All Years	Wednesday	3.15–4.15	M5	Mrs Stivey

SCIENCE



CLUB	YEAR	DAY	TIME	VENUE	STAFF
Science & Nature Club	All Years	Wednesday	3.15–4.15	S3	Dr. Hartgroves & Mr Mustin

STEAM



CLUB	YEAR	DAY	TIME	VENUE	STAFF
STEAM Clubs	All Years	Tuesday	3.15–4.15	ST1-3	STEAM Staff
Digital Graphics Club <i>Comics, Animation & Photoshop</i>	All Years	Tuesday	3.15-4.15	ST3	Mrs Curtis
Lego League <i>(Limited Spaces)</i>	All Years	Friday	3.15–4.15	ST4	Miss O'Connor

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HUMANITIES



CLUB	YEAR	DAY	TIME	VENUE	STAFF
RE Enrichment	10/11	Wednesday	3.10-4.00	H4/5	Mrs Sullivan
History Revision	11	Wednesday (Starts 23/09)	3.20-4.10	H7	Dr Coley
World History Club	KS3	Thursday	Lunch	H6	Miss Smith-Wells
World History Club	KS4	Friday	Lunch	H6	Miss Smith-Wells

FOOD



CLUB	YEAR	DAY	TIME	VENUE	STAFF
Food	Years 7/8	Wednesday	3.15-4.30	Food	To sign up, contact Mrs Moore

MFL



CLUB	YEAR	DAY	TIME	VENUE	STAFF
Spanish Aspiring 9s	KS4	Wednesday	3.15-4.00	L1	Mr Guerrero
French Aspiring 9s	KS4	Wednesday	3.15-4.00	L4	Mr Reading
Swedish From Scratch 	All	Wednesday	1.00-1.15	L3	Mr Ribenfors

ART & TEXTILES



CLUB	YEAR	DAY	TIME	VENUE	STAFF
Y11 Textile GCSE	Year 11	Thursday	3.15-4.15	A3	Miss Aonso
GCSE Art Catch-up	Years 10-11	Thursday	3.25-4.30	A1	Mr Marshall
Art Ambassadors	All Years	Thursday	3.25-4.30	A2	Mr Marshall
Fashion Academy <i>Invited Y9 students will be contacted when club is running</i>	Y9 Invite Only	Thursday	3.15-4.15	A3	Miss Aonso <i>Miss Aonso will contact those invited.</i>

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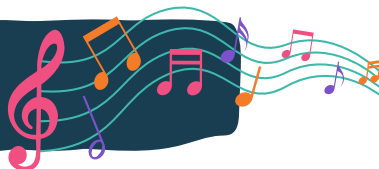
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DANCE & DRAMA



CLUB	YEAR	DAY	TIME	VENUE	STAFF
KS4 Dance	Years 10–11	Monday	3.30–4.30	CA1	CDS
KS3 Dance	Years 7-9	Wednesday	Lunch	CA1	Miss West
KS4 Dance	Years 10–11	Wednesday	Lunch	CA5	Miss Nowell
Drama Club	All Years	Wednesday	3.15–4.00	CA5	Miss Mitchell
KS4 Drama Revision	Years 10-11	Thursday	Lunch	CA4	Miss Mitchell
CAPA Dance	Primary	Thursday	TBC	CA1	Miss West

MUSIC



CLUB	YEAR	DAY	TIME	VENUE	STAFF
Senior Singers	Year 10/11 Girls	Monday	8.30–8.50	CA2	Miss Real
Junior Saracens Boys Choir	Year 7–9 Boys	Tuesday	8.30–8.50	CA2	Miss Allen
Band Jam	All Years	Tuesday	3.10-4.00	CA2	Mr Bennett
KS4 Saracens	Year 10-11	Wednesday	8.30–8.50	CA2	Mrs Childs & Miss Real
Jazz Band	All Years	Wednesday	3.25–4.30	CA2	Mr Robinson
KS4 Theory / GCSE Revision	Years 10–11	Wednesday	3.15–4.00	CA3 / CA4	Miss Real & Miss Allen
College Choir	Year 7–11 Girls	Friday	8.30–8.50	CA2	Miss Real & Mr Bennett
Ukulele	All Years	Friday	3.15–4.00	CA2	Miss Real

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MORE



CLUB	YEAR	DAY	TIME	VENUE	STAFF
Breakfast Club	All Years	Every Day	8.20-8.40	Canteen	Mr Prynn
 Potential Medics	Years 9-11	This is an information hub for students interested in medicine and related careers. Regular talks and some visits aimed at Years 9-11. Showbie code is DYACV. Request to join the class and email Mrs Alsop: calsop@penryn-college.cornwall.sch.uk			
 ASPIRE Philosophy Club	All Years	Starting after October Half Term for 4 weeks. Students will focus on a specific philosophical dilemma or philosopher each week. Thursday lunch time in H4.			Dr Hayes
Gardening Club	All Years (Limited to 10 spaces)	Tuesday	3.15-4.15	ST7	Mrs Alsop
KS4 Homework Club	Years 10/11	Tuesday & Friday	3.10-4.10	ST6	Mrs Higgins & Dr Van Veen
Dungeons & Dragons	All Years	Thursday	3.10-4.10	H5	Mr McDonagh
LGBT+ Group	All Years	Thursday	Lunch	H5	TBC
Eco Club	All Years	Thursday	3.15-4.15	H3	Miss Greedy
Film Club	All Years	Friday	Lunch	CA5	Mr Bennett
The Chronicles of Yarnia - Knitting Club	All Years	Friday	Lunch	Library	Miss Windscheffel

SUBJECT SUPPORT SESSIONS

NOVEMBER MOCKS

Monday 5th October – Monday 16th November

Day	Week A		Week B	
	3.15 – 4.00	4.05 – 4.50	3.15 – 4.00	4.05 – 4.50
Monday	Science	PE GCSE / OCR Sport Science	PE GCSE / OCR Sport Science	Science
Tuesday	Maths	DT / Engineering / Computer Science	DT / Engineering / Computer Science	Maths
Wednesday	RE / Music	History	History	RE / Music
Thursday	English	Geography	Geography	English
Friday	Business Studies	-	Business Studies	-

ADDITIONAL LUNCHTIME SESSION
WEDNESDAY | FOOD

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ASPIRE



EVERY MOMENT MATTERS

Aspire

At Penryn College, ASPIRE is our programme for developing scholarship, academic challenge, curiosity and independence.

ASPIRE encourages students to look beyond the taught curriculum, think deeply, explore ideas independently and take advantage of opportunities that broaden their knowledge, skills and horizons.

THE ASPIRE PROGRAMME

SCHOLARSHIP

Developing intellectual curiosity, critical thinking and a genuine love of learning beyond the taught curriculum.

CURRICULAR CHALLENGE

Providing stretch, depth and academic rigour, encouraging students to tackle demanding concepts, think critically and strive for excellence.

SUPER-CURRICULAR ENRICHMENT

Extending learning beyond the classroom through wider reading, competitions, lectures, research, university engagement, academic societies and subject-specific opportunities.

DESTINATION SUCCESS

Broadening horizons and helping students understand and prepare for future pathways, including higher education, apprenticeships and careers.

INDEPENDENCE & LEADERSHIP

Developing confidence, resilience, self-regulation and the skills needed to become independent learners and leaders.

LOOK OUT FOR THE ASPIRE LOGO



Throughout this booklet, ASPIRE opportunities are identified with the ASPIRE logo.

If you see the logo next to an activity, this means the opportunity forms part of the ASPIRE programme.

Look out for it. Get involved. Challenge yourself.

ASPIRE opportunities may be available to all students, targeted at particular groups or designed for students with specific interests, potential or aspirations.

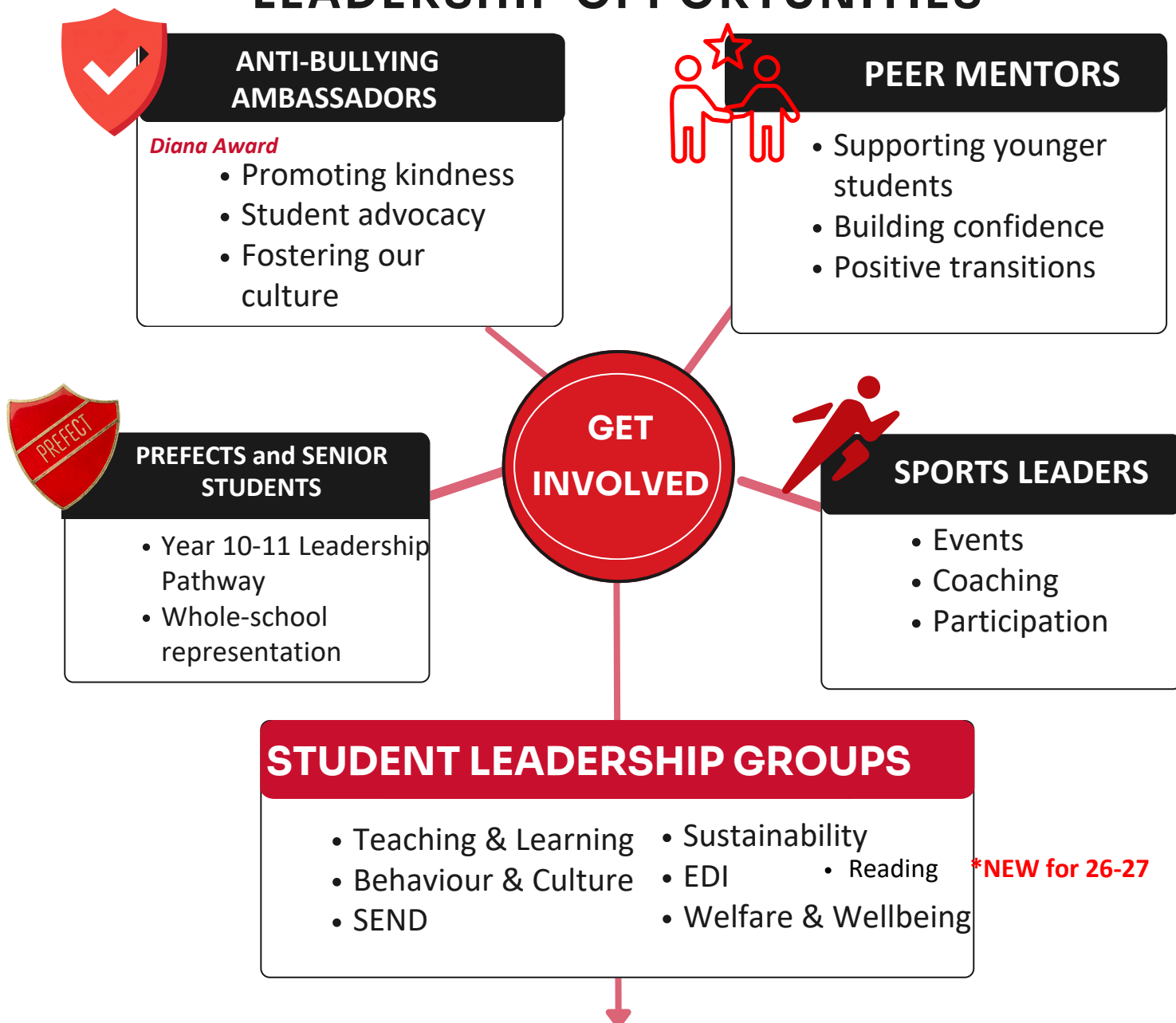


STUDENT LEADERSHIP

Developing Student Voice, Leadership & Community Impact

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LEADERSHIP OPPORTUNITIES



LEADERSHIP BEYOND PENRYN COLLEGE



PENRYN TOWN YOUTH COUNCIL



CORNWALL YOUTH COUNCIL

Opportunities to represent young people and influence decision-making beyond the school community

Empowering students to lead change in school, community and society

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HOW DO I TAKE PART?

Found something you'd like to try...

1. Explore the opportunities

Look through the relevant section of the booklet and find something that interests you.

2. Check the details

Make sure the opportunity is available to your year group and check when and where it takes place.

3. Check whether you need to sign up

Some activities are open to everyone, while others have limited spaces, require an application or are by invitation.

4. Get involved

Turn up, have a go and make the most of the opportunity.

5. Ask if you're unsure

Speak to the member of staff responsible for the activity. They will be happy to help.

BE ORGANISED

There is a lot going on, so take a few minutes each week to look through the programme and decide what you'd like to get involved in.

Use your timetable, planner or calendar to keep track of your activities and make sure you know:

- what you are doing
- when it is happening
- where you need to go
- whether you need to bring anything
- how you are getting home afterwards

Don't be afraid to try something different. You might discover a new interest, talent or skill that you didn't know you had.

CAN'T FIND SOMETHING YOU'D LIKE TO DO?

We want the programme to reflect the interests of our pupils. If there is something you would really like to see offered that isn't currently included, let us know.

Speak to a member of staff or contact Mr Ash and tell us what you'd like to try.

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