Life Skills

Key Stage 4

Conflict Resolving

Aspirations

Resilience

Confidence

Co-Operation

Integrity

Self-Motivation

Inclusion

Equality & Diversity

Tolerance

Respect

Responsibility

Character

Motivational Speaker

Psychologist

Youth Worker

Substance Abuse Counsellor

Care Worker

Dietician

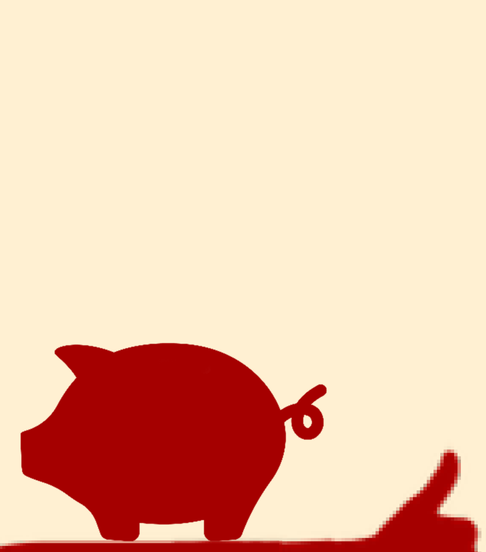
Career Guidance Counsellor

Doctor

Loan and Mortgage Expert

Therapist

Careers



Living in the Wider World

Costs of living independently.
Budgeting: student debt, credit rating and pay day lending.

Health & Wellbeing

Health and Wellbeing during exams including sleep and habits.
Immunisations and Vaccinations.

Relationships

Sub-cultures and sexual ethics.
Pornography.
Gynacological Health.

Living in the Wider World

Application and skills for further education, employment.
Interview skills.

Relationships

Legal status of different types of relationships.
Fertility changes over time.
Responsibilities of parenting.

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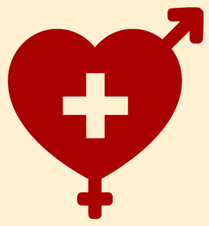


Relationships

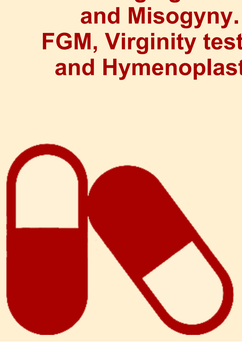
Sexual Health including STI.
Challenging Sexism and Misogyny.
FGM, Virginity testing and Hymenoplasty.

Health & Wellbeing

Changes and Transition.
Dealing with Disapointment.
Strategies for grief and loss.

Living in the Wider World

Gambling.
Managing your Digital Footprint.
British Values.



Health & Wellbeing

Physical Health.
Risks associated with Drug Use.
First Aid.

Living in the Wider World

Curriculum Vitae.
Work Experience Preparation.
Interview Preparation.

Relationships

Role Models.
Healthy and Unhealty Social Groups.
Exploitation: Boundaries.

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Learning Journeys