

Clubs & Activities

PENRYN COLLEGE 2018

AUTUMN TERM



PENRYN
COLLEGE



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...find out
more inside!

Achieving through challenge.



Study Support

At Penryn College we believe that classroom based learning is just one part of the education process. In striving to develop the potential of individuals to the full we believe we have much more to offer.

We want to offer a Study Support programme that provides fundamental academic support. A programme that can extend opportunities, broaden experiences and enrich the lives of our young people to enable them to become fully immersed in their learning before, during and after the school day.

In order to meet this vision we have worked hard to provide a programme of activities that we feel provide students with a chance to enrich their experience at Penryn, while also continuing to pursue work encountered within the normal school timetable.

It is our aim to provide a broad and well-rounded programme that prepares pupils not only for academic success but also to live life to the full as a confident and independent member of the school community.

We will provide a termly booklet that lists all the activities that are available. We hope that as students it excites you and gives you the best opportunity to learn and expand your boundaries while part of both Penryn College and our special community. The booklet can also be accessed online via the College website - www.penryn-college.cornwall.sch.uk

Finally, please enquire about the extension of this programme in the form of our Schools Open Saturday and Holiday Activity programmes. All of these support the activities in this booklet and strengthen the links created with our extensive primary pathways.



Core Advanced Extra



How much does it cost?

At Penryn College we do everything we can to offer our Study Support Programme using the resources we have in school to enable us to deliver to the students at no cost. These are considered our **Core (C)** offering.

However, this isn't always possible and sometimes we have to pay external or expert deliverers who enable us to provide high quality, tailored sessions. These activities are considered our **Advanced (A)** offering and will cost each student a nominal £2 per session. *We intend to enable parents to pay via ParentPay in the near future.*

Finally is our **Extra (E)** offering, which includes any activities that take place off site or are delivered by external companies. The cost for these will depend on the activity and students will be informed of these on registering their interest.

Each activity in the booklet has been assigned to one of the categories above. These can be seen under the 'Offer' section of each listing.

Please Note: No child will be penalised on the basis of genuine financial hardship. Please contact Mr Ash if you wish to make a confidential application for financial assistance.

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How do I take part?

Check out the table to make sure the club is intended for you, then simply attend on the day listed, at the venue suggested. Some clubs are invite only - if you would like to take part in these, speak to the teacher in charge.

Be organised!

We encourage our students to take part in as many, and as varied, activities as possible. Try and plan a weekly diary of activities you would like to take part in and make sure you organise how you will get back home when each one finishes.

My favourite activity isn't in here?

If there is something you would like to try that isn't listed in this booklet, then please come and see Mr Ash in the PE office to have a chat about setting something up.





**ENGLISH
MATHS
SCIENCE
HUMANITIES
LANGUAGES
ICT
TECHNOLOGY**

Languages

Club	Year	Day	Time	Venue	Staff	Offer
Fifteen Minutes of Fantastic French on a Friday	11	Fri	1.30-1.45	Foundation - L3 Higher - L4	Mr Ribenfors Mr Reading	C
Homework Club	All	Mon, Tue, Thur, Fri	3.30-4.15	Library	Mrs Kaack	C



Geo Leaders - IOS

Geography Leaders club on Wednesday is a chance to help qualify for a chance to be a Leader on the Year 7 Isles of Scilly trip in the Summer term.

The Hub

A club for those that wish to complete homework and have a quiet place to eat lunch. The hub is run by Mrs Cooke.

Every day in the Childrens Centre



Humanities

Club	Year	Day	Time	Venue	Staff	Offer
Geography Leaders	7-9	Wed	1.15-1.45	H3	Ms Lambert	C
SMSC Leaders	All	Wed	1.15-1.45	H4	Mr Parekh	C
History Leaders	7-9	Wed	1.15-1.45	H6	Miss Chapman	C
Homework Club	All	Mon, Tue, Thur, Fri	3.30-4.15	Library	Mrs Kaack	C

Technology

Club	Year	Day	Time	Venue	Staff	Offer
STEM Club	8/9	Wed	3.25-4.30	DT3	Mr Childs & Mrs Alsop	C
Homework Club	All	Mon, Tue, Thur, Fri	3.30-4.15	Library	Mrs Kaack	C



ICT

Club	Year	Day	Time	Venue	Staff	Offer
Girls Computer Club	All	Tue	1.15-1.45	IT2	Mr Yule	C
Coding Club	All	Thur	1.15-1.45	IT2	Mr Yule	C

Youth Drop In

Everyone welcome...
Come along and check out what's on offer. Games, activities and the chance to chat to a Youth Worker.
Tues: 1.15-1.45 in CPD Room (Library)





CREATIVE ARTS & MUSIC

Creative Arts

Class	Year	Day	Time	Venue	Staff	Offer
KS3 Dance Club	7-9	Mon	3.30-4.15	CA1	Miss Perrin	C
KS4 Dance Club	10-11	Mon	4.15-5.00	CA1	Miss Perrin	C
Creative Academy	All	Tue	3.30-5.00	DT4	Miss Curtis	C
KS3 Drama Club	7-9	Tue	3.45-4.45	CA5	Miss Mitchell	C
KS4 Drama Club	10/11	TBC	TBC	TBC	See Miss Nowell	C
Art GCSE Support	10/11	Wed	3.30-5.00	A2	Mrs Orford & Mr Marshall	C
Media Club	All	Wed	3.30-4.15	CA5	Miss Mitchell	C
Dance Academy	Invite	Wed	3.30-5.00	CA1	Miss Nowell	C
Street Dance	All	Thur	3.30-5.00	CA1	Miss Green	A

Club Start Dates

For ALL clubs, please check with the member of staff in charge as to what date the club will start as this may vary.

Instrumental Lessons

Do you play an instrument? If so, you may be entitled to free music lessons.

Speak to Mrs Childs in CA2.

Music

Class	Year	Day	Time	Venue	Staff	Offer
Octet	Invite	Mon	8.35-9.05	CA2	Mrs Childs	C
Brass Ensemble	Invite	Mon	1.15-1.45	CA2	Mr Greaves	C
GCSE Music Support	10/11	Mon	1.15-1.45	CA3	Mrs Childs	C
Jazz Band	All	Mon	3.45-4.45	CA2	Mr Greaves	C
College Choir	All	Tue	8.35-9.05	CA2	Mrs Childs	C
Grade 5 Theory	All	Tue	1.15-1.45	CA2	Mrs Harries	C
Saracens Male Voice Choir	All	Wed	8.35-9.05	CA2	Mrs Childs	C
DJ Club	All	Wed	8.35-9.05	CA2	Miss Allen	C
Funk Band	Invite	Wed	3.30-4.30	CA2	Mrs Barry	C
Elite Choir	Invite	Thur	8.35-9.05	CA2	Mrs Harries	C
Samba Band	All	Thur	8.35-9.05	CA3	Mrs Barry	C
Gone With The Wind (Flute, Clarinet & Sax ensemble)	All	Thur	8.35-9.05	MP3	Dept	C
Year 7 Boys Choir	Y7	Fri	8.35-9.05	CA2	Mrs Childs/ Mrs Barry	C
Octet	Invite	Fri	1.15-1.45	CA2	Mrs Childs	C



LEADERSHIP

Leadership - Boost Your CVs

There is a wide range of opportunities for students to contribute to the wellbeing and development of the school and wider community. We want to offer pupils the chance to develop their leadership skills in a variety of ways.

Our 'Boost Your CVs Scheme' is aimed to encourage pupils to participate in Leadership activity by completing the Credit Volunteering Scheme - which equates to 35 logged hours of Leadership. In doing so, pupils will become recognised Penryn College Leaders and be eligible to purchase a Leadership branded jumper.

As recognised Leaders, pupils will be invited to attend and assist at various activities and events throughout the year.



Class	Year	Day	Time	Venue	Staff	Offer
Sports Leaders	Invite	Mon	3.45-4.45	PE1	See Mr Lugg	C
Maths Leaders	All	Mon	1.15-1.45	M2	Mr Penhaligon	C
Creative Academy	All	Tue	3.30-5.00	DT4	Miss Curtis	C
Geography Leaders	7-9	Wed	1.15-1.45	H3	Ms Lambert	C
SMSC Leaders	All	Wed	1.15-1.45	H4	Mr Parekh	C
History Leaders	7-9	Wed	1.15-1.45	H6	Miss Chapman	C
STEM Club	8/9	Wed	3.25-4.30	DT3	Mr Childs & Mrs Alsop	C
D of E	9-11	Thur	1.15-1.45	S3	Mr Ede	C



PE & SPORT

Fixtures/Events

Rugby

Year	Day	Versus	Venue	Competition
All	Thur 20th Sept	Pool	Home	SSP League
All	Thur 27th Sept	Redruth	Away	SSP League
Y10	TBC	Cape	Home	U15 County Cup Rd.1
Y9	TBC	Penair	Away	U14 County Cup Rd.1
7-9	Wed 3rd Oct	Truro	Home	SSP League
All	Thur 11th Oct	Penair	Away	SSP League
7-10	Tue 16th Oct	Penrice	Away	Showcase
All	Thur 18th Oct	Camborne	Home	SSP League
All	Thur 1st Nov	R. Lander	Away	SSP League
All	Thur 8th Nov	Helston	Home	SSP League
All	Thur 15th Nov	Mullion	Away	SSP League
All	Thur 22nd Nov	Falmouth	Home	SSP League

Football

Year	Day	Versus	Venue	Competition
Boys Y7	TBC	M. Bay	Away	ESFA National Cup Rd.2
Boys Y8	TBC	M. Bay	Away	ESFA National Cup Rd.2
Boys Y9	TBC	M. Bay	Home	ESFA National Cup Rd.2
Boys Y10	TBC	M. Bay	Away	ESFA National Cup Rd.2
Boys Y11	TBC	Helston	Away	ESFA National Cup Rd.2
Girls U13	TBC	Callington or Tavistock	Home	ESFA National Cup Rd.2
Girls U14	TBC	M. Bay	Away	ESFA National Cup Rd.2
Girls U15	TBC	R. Lander	Away	ESFA National Cup Rd.1
Girls U16	TBC	Liskeard	Away	ESFA National Cup Rd.2



Fixtures/Events

Netball

Year	Day	Versus	Venue	Competition
All	Thur 20th Sept	Mullion	Away	SSP League
All	Thur 27th Sept	Falmouth	Home	SSP League
All	Thur 4th Oct	Pool	Home	SSP League
U14	Sat 6th Oct	Various	Bodmin	U14 County Schools
All	Thur 11th Oct	Camborne	Away	SSP League
All	Thur 18th Oct	Redruth	Home	SSP League
All	Thur 1st Nov	R. Lander	Home	SSP League
All	Thur 8th Nov	Helston	Away	SSP League
U14	Wed 14th Nov	Ivybridge	Home	U14 National Cup
U16	Sat 17th Nov	Various	Truro School	U16 County Schools
All	Wed 22nd Nov	Truro High	Home	SSP League
All	Thur 29th Nov	Truro School	Away	SSP League
All	Thur 6th Dec	Penair	Away	SSP League

Other

Event	Day	Versus	Venue	Competition
Rugby	Wed 3rd Oct	Various	Tretherras	U16 10's Competition
Cross Country	During Mon 1st - Fri 12th Oct	County	TBC	ESAA Cross Country Cup Rd.1
Rugby	Wed 10th Oct	Various	Penrice	County U13 Festival
Hockey	Thur 11th Oct	Various	Various	U16 Girls Hockey Cup
Hockey	Tue 16th Oct	Various	Various	U14 Girls Hockey Cup
Rugby	Fri 9th Nov	Various	R. Lander	U12 West Festival
Cross Country	Sat 10th Nov	South West	TBC	ESAA Cross Country Cup Rd.2

After School Sport



Basketball

Year	Day	Time	Venue	Staff	Class
Girls	See Mr Holmes	3.40-4.40	Sports Hall	Mr Holmes	C
10-11	Tue	3.40-4.40	Sports Hall	Mr Holmes	C
7-9	Wed	3.40-4.40	Sports Hall	Mr Holmes	C

Badminton

Year	Day	Time	Venue	Staff	Class
All	Mon	3.40-4.40	Sports Hall	Mr Sillifant	C
Invite - Advanced Coaching	Mon	5.00-6.30	Sports Hall	Mr Sillifant	A



Cheerleading

Year	Day	Time	Venue	Staff	Class
All	Fri	3.40-4.40	Activity Suite	Miss Lander	A

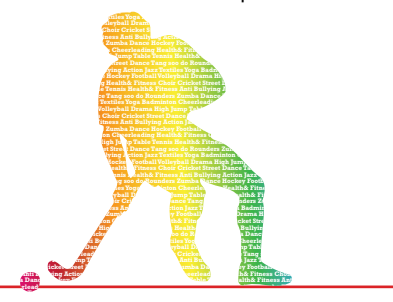
Football

Year	Day	Time	Venue	Staff	Class
Girls	Thur (after Oct HT)	3.40-4.40	STP	Mr Ash	C
7	Fri	3.40-4.40	STP	Mr Ash	C



Gymnastics

Year	Day	Time	Venue	Staff	Class
7/8	Mon	3.40-4.40	Activity Suite	Miss Hopwood	C
Invite Group TBC	Mon	4.45-5.45	Activity Suite	Miss Hopwood	C
Y9-11	Tue - Up to Oct HT	3.40-4.40	Activity Suite	Miss Marsh	C
Competition Group - Invite Only	Tue - After Oct HT	3.40-4.40	Activity Suite	Miss Marsh & Miss Hopwood	C



Hockey

Year	Day	Time	Venue	Staff	Class
9/10/11	Mon	3.40-4.40	Astro	Miss Jefferies	C
8	Tue	3.40-4.40	Astro	Miss Jefferies	C
7	Wed	3.40-4.40	Astro	Miss Blackburn	C



Netball

Year	Day	Time	Venue	Staff	Class
9-11	Tue	3.40-4.40	TISA	Dept	C
U14/U16	Tue	3.40-4.40	TISA	Dept	C
7/8	Fri	3.40-4.40	TISA	Dept	C

Rugby

Year	Day	Time	Venue	Staff	Class
7/8/9	Tue	3.40-4.40	STP	Dept	C
11 Training & Games	Wed	Various	STP/Field	Dept	C
10	Wed	3.40-4.40	STP/Field	Dept	C

Running Club

Year	Day	Time	Venue	Staff	Class
All	Wed	3.40-4.40	Fields	Mr Collins	C

Strength & Conditioning/Fitness

Year	Day	Time	Venue	Staff	Class
Open Gym	Mon (starting 17th Sept)	3.40-4.40	Fitness Suite	Mr Cunningham	C
Fitness Club	Wed	3.40-4.40	Fitness & Activity Suite	Mr Davis	C
Girls Active (All Years)	Thur	3.45-4.45	Fitness Suite	Dept	C
Morning Gym	Tues & Fri	7.30-8.15	Fitness Suite	Mr Gillo	C

Start Dates for Sport?

Most clubs start week commencing Sept 10th. Check start dates with the PE Office for any club you want to take part in.

Table Tennis

Year	Day	Time	Venue	Staff	Class
All	Fri	3.40-5.00	Sports Hall	Mr Williams	C

Tang Soo Do

Year	Day	Time	Venue	Staff	Class
All	Thur	6.30-8.00	Activity Studio	ISK	*

* run by ISK Martial Arts (not a school club) - please contact them for more details





Penryn College Sports Expectations

Our members of staff are very experienced and therefore regularly advise students to wear the correct pieces of equipment as advised by individual National Game Boards. We have noted that some pupils might ignore this advice and we would welcome your support in reinforcing the kit advice listed below with your son/daughter.

If a child forgets to bring their Gum shield and/or Shin pads and they are concerned about the safety implications then they should talk to the member of staff responsible for that session. It may be possible to borrow some Shin pads and the school does keep temporary Gum shields which can be moulded quickly in an emergency.

As Penryn College players we will:

- Ensure we have ticked our names on the team sheet and taken note of depart **and** return details
 - Always catch up on any work missed through fixtures in lesson times
- Wear the correct kit for both training sessions and fixtures. This is the players responsibility.
 - For Football:** Shin Pads **MUST BE WORN AT ALL TIMES**
 - For Rugby:** Gum shields are **OPTIONAL**
 - For Hockey:** Gum shields are **OPTIONAL** / Shin Pads **MUST BE WORN AT ALL TIMES**
- Exhibit positive and sportsmanlike behaviour at all times, to our own team mates and officials
 - Inform our coach if we have **ANY** pre-existing, or new, injury that may affect us
 - Recognise and thank our opponents and officials after every match
 - Never use inappropriate language, whether directed at ourselves, another player or the referee
 - Behave with dignity and pride in all circumstances, win, lose or draw
- Always attend training and inform our coach should we **not be available**

Clubs & Activities

Call: 01326 372379

Visit: www.penryn-college.cornwall.sch.uk

Email: jash@penryn-college.cornwall.sch.uk



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