

**Year 11 Unit 5 Dance Overview - Component 2 Skill Development Milestone 2**

**Completion date 18<sup>th</sup> October 2019**

**Target Grade is.....**

**You will learn about;**

- A** How to develop your skills and techniques for performance.
- B** Applying skills and techniques in rehearsal and performance.
- C** Review own development and performance.

**You will be able to**

- Perform a professional piece of dance.
- Highlight areas within your practice that are your strength.
- Highlight areas within your practice that need developing.
- Set clear targets for improvement.
- Reflect on your progress and discuss this through written log book entries.

<p><b>Lesson Overview</b></p> <ul style="list-style-type: none"> <li>- Complete 2<sup>nd</sup> skills audit.</li> <li>- Reflect on how you have some areas that are clear strengths and how you have achieved those.</li> <li>- Set clear SMART targets for how you can focus on and develop your skills in the areas you have highlighted. Link this to my previous targets and skills audit.</li> <li>- Take part in workshop lessons to learn the set dance with Miss Nowell.</li> <li>- Highlight where my strengths will be within this session and where I believe my challenges will be.</li> <li>- Set clear targets for how I can improve on this routine.</li> <li>- Look at where I was when I started the component and reflect on my second milestone, highlighting the progress made.</li> </ul>	<p><b><u>Key Words</u></b></p> <p style="text-align: center;"><b>Please refer to the list of Key and command words in your BTEC Dance folder.</b></p> <p style="text-align: center;"><b>Make reference to your skills audit and the key language for support on the words below.</b></p> <p>Physical Skills</p> <p>Technical Skills</p> <p>Mental Skills</p> <p>Choreographic Devices</p> <p>Expressive Skills</p>														
<table border="1" style="width: 100%;"> <tr><td>Research</td><td></td></tr> <tr><td>Note-making</td><td></td></tr> <tr><td>Group work &amp; discussion</td><td></td></tr> <tr><td>Memorisation</td><td></td></tr> <tr><td>Precision &amp; accuracy</td><td></td></tr> <tr><td>Independence</td><td></td></tr> <tr><td>Reflection</td><td></td></tr> </table>	Research		Note-making		Group work & discussion		Memorisation		Precision & accuracy		Independence		Reflection		<p><b><u>Cross curricular</u></b></p> <p><b><u>SMSC:</u></b> Looking at a range of professional works choreographed by a wide range of choreographers in many different styles, countries and settings. Students will be working creatively and imaginatively to create and perform routines in groups demonstrating team work and taking on leadership responsibilities.</p> <p><b><u>Literacy:</u></b> Students need to read about and watch a variety of professional works. They need to answer a series of questions looking at all elements of the production, including, comparing and contrasting different works and choreographers. Students all need to be able to write about and discuss verbally their own working practice.</p> <p><b><u>Numeracy:</u></b> Students need to be able to count and work with a beat, count beats and timings in bars of music and be able to think about patterns and symmetry whilst performing.</p>
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