

PE Year 11 GCSE PE

Test target for Year 11 is:

In Year 11 students will

- Develop knowledge and understanding of the benefits of participating in physical activity and sport to health, fitness and wellbeing.
- Develop knowledge and understanding of key body systems and how they impact on health, fitness, performance in physical activity and sport.
- Pupils develop knowledge and understanding of the basic principles of movement and their effect on performance in physical activity and sport.
- Develop knowledge and understanding of psychological factors that can effect performers in physical activity and sport.
- Pupils should develop knowledge and understanding of data analysis in relation to key areas of physical activity and sport.

			Working Towards Target	At Expected Target	Above Expected Target	Test grade
Unit 4 Physical training – Paper 1: The human body and movement in physical activity and sport. Continued from Year 10 Unit 5 Movement analysis – Paper 1: The human body and movement in physical activity and sport	Knowledge					
	Application					
	Justification					
	Evaluation and Analysis					
Overall unit performance						
FFL:	Meeting behaviour for learning standards	Actively engaged in the learning	Regularly complete HWK to a high standard	Completing CWK to a high standard?	Is a resilient learner 'Doesn't give up easily'	
Achieved:						

			Working Towards Target	At Expected Target	Above Expected Target	Test grade
Unit 6 - Sports psychology – Paper 2: Socio-cultural influences and well-being in physical activity and sport. NEA – Analysis and Evaluation Coursework	Knowledge					
	Application					
	Justification					
	Evaluation and Analysis					
Overall unit performance						
FFL:	Meeting behaviour for learning standards	Actively engaged in the learning	Regularly complete HWK to a high standard	Completing CWK to a high standard?	Is a resilient learner 'Doesn't give up easily'	
Achieved:						

			Working Towards Target	At Expected Target	Above Expected Target	Test grade
Unit 7 - Socio-cultural influences – Paper 2: Socio-cultural influences and well-being in physical activity and sport. NEA – Analysis and Evaluation Coursework	Knowledge					
	Application					
	Justification					
	Evaluation and Analysis					
Overall unit performance						
FFL:	Meeting behaviour for learning standards	Actively engaged in the learning	Regularly complete HWK to a high standard	Completing CWK to a high standard?	Is a resilient learner 'Doesn't give up easily'	
Achieved:						