

October 2019



Penryn  
College

'Achieving through Challenge'

Dear Parent/Carer(s)

### Year 7 "Team Building Challenge"

Throughout the Autumn Term, Year 7 tutor groups take part in an Outdoor Challenge. This year the challenge is around water safety and will be run by Elemental UK down at Swanpool Beach in Falmouth.

Your child will receive a letter with the date and time of their trip.

The purpose of the Year 7 tutor days is to build relationships within the tutor group and further develop social and practical skills. As a result of this experience your son/daughter will be set personal targets for them to focus on throughout the year as part of their 'Achieve Through Challenge' work.

Each tutor group will be allocated a half day with their tutor at Elemental UK. They will complete a 'swim safe' programme developed by the RNLI and 'swim England'. This is a water safety programme which teaches skills on how to be safe around beaches and open water. Students will then put these skills into practice by completing a Coasteer with qualified Elemental UK staff.

Your son/daughter will need to bring appropriate swimwear and **old shoes or wet suit boots** with them for these sessions. If they have their own wetsuits and wish to use these they can do so. Elemental will provide wetsuits for those who need them and will provide life jackets.

Students will be transported to and from Swanpool Beach by minibus and will be brought back to school by 3.25pm in time for transport home. If your child has a morning session, they will return to school in time for lunch so a packed lunch is not required. If your child has an afternoon session, they will need to bring a packed lunch for the day. Those on an afternoon trip who are entitled to Free School Meals will be provided with a packed lunch.

Please would you complete the attached consent form which needs to be returned to your child's tutor before the day of the activity.

Please contact Miss Edgell (Outdoor Education coordinator) on 01326 372379 if you have any questions or concerns regarding this activity.

Yours faithfully

*N Edgell*

**Miss Edgell - Outdoor Education coordinator**



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