



Parent and Carer Guide for Supporting Learning at Home



1. Help them to make a timetable and routine for the subjects they will do and when, with regular breaks and chances to get up and move around.
2. Sessions don't need to be too long – ideally no longer than 40 minutes at a time. Try to aim for 3hrs of learning a school day.
3. Help them find a space to work in where they can focus.
4. Encourage them to organise their resources: equipment, iPad, books so they are learning ready.
5. Monitor the use of TV / mobile phones / social media / games – these will be a distraction when learning. Sometimes students find listening to music can help.
6. Ask them to share the task that was set, so you can check if they are on the right lines.
7. Monitor the use of the Internet for e-Safety reasons (our school guidance can be found on the website).
8. If they are struggling, don't be afraid to move onto something else and come back to it another time.
9. If they (or you) are unsure of the tasks, feel free to post questions on the discussion area of the Showbie page for that subject, or email teachers.
10. Get them to complete their work in a variety of ways (by handwriting, iPad, computer).
11. Could they talk about their learning with you, to share their work or apply their new knowledge with the family in a quiz, or their skills in a demonstration?
12. Try to be positive about their attempts at work – it will feel really different for them.
13. Try to let them be independent where you can.
14. Help them on how to research a new word / idea to guide their learning.
15. Encourage them to move around, be active and get outside where possible.
16. Don't forget to remind students to upload their work onto Showbie for feedback.

