

PE Year 11 GCSE PE

Test target for Year 11 is:

In Year 11 students will

- Develop knowledge and understanding of the benefits of participating in physical activity and sport to health, fitness and wellbeing.
- Develop knowledge and understanding of key body systems and how they impact on health, fitness, performance in physical activity and sport.
- Pupils develop knowledge and understanding of the basic principles of movement and their effect on performance in physical activity and sport.
- Develop knowledge and understanding of psychological factors that can effect performers in physical activity and sport.
- Pupils should develop knowledge and understanding of data analysis in relation to key areas of physical activity and sport.

Lifeskills

- Articulate emotional wellbeing, explain the features of mental health and ill-health, evaluate different sources of support.
- Assess how to sensitively, safely and appropriately respond to increasingly nuanced scenarios in relation to unhealthy relationships behaviour, including abuse, discrimination, violence and online encounters.
- Demonstrate and explain the importance and relevance of, a range of employability skills in new and varied contexts (work experience).

			Working Towards Target	At Expected Target	Above Expected Target	Test grade
Unit 5 - Sports psychology – Paper 2: Socio-cultural influences and well-being in physical activity and sport. NEA – Analysis and Evaluation Coursework	Knowledge					
	Application					
	Justification					
	Evaluation and Analysis					
Overall unit performance						
FFL:	Meeting behaviour for learning standards	Actively engaged in the learning	Regularly complete HWK to a high standard	Completing CWK to a high standard?	Is a resilient learner 'Doesn't give up easily'	
Achieved:						
			Working Towards Target	At Expected Target	Above Expected Target	Test grade
Unit 6 - Socio-cultural influences – Paper 2: Socio-cultural influences and well-being in physical activity and sport.	Knowledge					
	Application					
	Justification					
	Evaluation and Analysis					
Overall unit performance						

FFL:	Meeting behaviour for learning standards	Actively engaged in the learning	Regularly complete HWK to a high standard	Completing CWK to a high standard?	Is a resilient learner 'Doesn't give up easily'
Achieved:					

		Working Towards Target	At Expected Target	Above Expected Target	Test grade
Unit 7 - Health, fitness and well-being – Paper 2: Socio-cultural influences and well-being in physical activity and sport.	Knowledge				
	Application				
	Justification				
	Evaluation and Analysis				
Overall unit performance					

FFL:	Meeting behaviour for learning standards	Actively engaged in the learning	Regularly complete HWK to a high standard	Completing CWK to a high standard?	Is a resilient learner 'Doesn't give up easily'
Achieved:					