

Year 7 Unit Overview - Who was the Buddha and what did he teach?



You will learn about:

- The life of the Buddha
- The 3 signs
- The 4 noble truths and the 8 fold path

You will be able to:

- Consider different points of view through extended writing
- Apply Buddhist beliefs to your own lives

<p>Lesson Overview</p> <ol style="list-style-type: none"> 1. Introduction to Buddhism 2. The life of Siddhartha. 3. Assessment – life of the Buddha 4. 3 Signs of being 5. The 8-fold Path 6. Samsara and the Wheel of Life 7. The 5 Precepts and the Sangha 	<p>Key Words</p> <p>Anatta - The belief that there is no soul. Anicca - Impermanence—The belief that nothing lasts forever. Buddha - The enlightened one. Bodhi Tree - The tree under which the Buddha achieved enlightenment. Buddharupa - Image of the Buddha. Dharma - Teachings of the Buddha. Dukkha - Life is unsatisfactory or suffering exists. Eight-fold Path – Eight practices on how to live your life. Enlightenment - Understanding the truth about the way things are. Four Noble truths – Buddha’s teachings on how to end suffering. Karma - Actions which affect future lives and this life Meditation - Mental control leading to calmness and wisdom. Nirvana - The stopping of greed, hatred and ignorance Samsara - The continual round of birth, life, death and rebirth. Sangha – The community of Buddhist monks and nuns.</p>
<p>Suggested reading or support available</p> <p>http://www.bbc.co.uk/religion/religions/buddhism/</p> <p>http://www.aboutbuddhism.org/</p> <p>http://www.religionfacts.com/buddhism</p>	<p>Cross curricular</p> <p>SMSC: Consider different religious and cultural perspectives to Buddhism. Spirituality in the Buddhist way of life and meditation. ICT: Interactive whiteboard activities, films, iPads when completing homework and for research. Literacy: Use of keywords in unit overview and key terms explored every lesson. Evaluation and analysis skills in assessment questions. Reading given throughout unit of work. Presentations to the rest of the class. Written feedback in books on SPaG.</p>