

Btec Unit 6 Leadership Overview YEAR 10 PE BTEC: (coursework)

You will learn about: Relate theory content to practical activities and be able to link the two together in order to produce assignments. You will research rules, regulations and scoring systems for sport and you will be able to understand how to perform practically in different sports. This will allow you to demonstrate your understanding of tactical, technical and officiating of the sports covered whilst reflecting on your own performances.

You will be able to:

- Explain the attributes and responsibilities of a good leader and link them to sporting examples of good leaders.
- Design and Implement a leadership session that will both be enjoyable and create a learning experience for participants.
- Evaluate leadership session and discuss strengths of the sessions, how it could be improved in the future and recommendations to develop leadership in the future.

<p>Lesson Overview</p> <p>Assignment 1</p> <p>What makes a successful sports leader</p> <ul style="list-style-type: none">- Attributes and responsibilities of a good leader.- Identify and justify 2 successful sport leaders.- Compare and contrast the 2 selected sports leaders. <p>Assignment 2</p> <p>Plan and deliver a sports activity session</p> <ul style="list-style-type: none">- Create 2 lesson plans of activities that you would deliver to pupils as a way to engage and develop learning of an activity.- Deliver 1 of these sessions to a selected group and gain evidence of session through video/images. <p>Assignment 3</p> <p>Evaluation of a sports activity session.</p> <ul style="list-style-type: none">- Explain strengths and areas for improvement in own performance of the planning and leading a session.- Recommend targets and planning for the future to develop your leadership.	<p>Key Words</p> <p>Technical/techniques - refer to the basic movements of a sport</p> <p>Tactical – having a plan or strategy in order to do something.</p> <p>Attributes – what qualities do individuals possess.</p> <p>Responsibilities – taken ownership of what is your duty to do.</p> <p>Interpretation – what you think might have happened and how you see the situation.</p> <p>Decision making – making choices about the actions you perform and why.</p> <p>Analysis – being able to look at a situation and reflect on what has happened, then back up with information or fact.</p> <p>ADD LEADERSHIP KEY WORDS</p> <p>Communication</p> <p>Organisation</p> <p>Progression</p> <p>Isolated Practice</p> <p>Conditioned Practice</p>
---	--