# Year 11 Unit 1 Overview- Hindu Practices part 2

#### You will learn about

- The main practices within Hinduism
- Hindu beliefs about worship
- How the lives of Hindus are affected by their practices

#### You will be able to

- Describe and explain how Hindus practise their religion
- Explain the importance of their practice to a Hindu life
- Evaluate which of the different practices are most important



#### **Lesson Overview**

- 1. Hinduism revisited.
- 2. Focuses of worship: the natural world.
- 3. Hindu Charity and the environment.
- 4. The four paths of yoga
- 5. The role of gurus
- 6. Women's rights and social inclusion.

# **Key Words**

Ahimsa -Non-violence

**Bhagavad Gita** - An important and popular scripture for Hindus, which explains why god came to earth in the form of Krishna

**Convert** – someone who has decided to be religious or move from one religion to another

**Evangelism** – spreading the gospel by public preaching or personal witness

Vedas - Some of the oldest sacred scriptures of India

**Meditation** - the practice of stilling the mind and removing ordinary thoughts, developing deep concentration and wisdom through power of the mind

**Upanishads** – part of the oldest scriptures in Hinduism – containing ideas about Brahman

Murti – an image of a deity used as a focus for worship

Guru – a wise teacher of religion and spirituality

Yoga – a form of meditation and worship

Dana – giving

Sewa – selfless service and the name of a Hindu charity

## Suggested reading or support available

http://www.bbc.co.uk/religion/religions/hinduism/

http://www.bbc.co.uk/religion/religions/Christianity/

https://www.bbc.com/bitesize/topics/z 3jpyrd

## **Cross curricular**

**SMSC:** Cultural perspectives of Hinduism and Christianity Morals within the religion of Hinduism and Christianity Social surroundings in Hinduism, including places of worship.

<u>ICT:</u> Interactive whiteboard activities, films, computers and iPads when completing homework and for research.

<u>Literacy</u>: Use of keywords in unit overview and key terms explored every lesson. Evaluation and analysis skills in assessment questions. Reading given throughout unit of work. SPaG assessed in books.

<u>Numeracy</u>: Exploring data of Church growth and decline across the world. Percentages of use of the Food Banks over time.